



Longmeadow Lancers 2016-17 Roster

#	Name	Pos.	Yr.	Hometown
2	Katelyn Joyal	F	Jr.	Longmeadow
3	Katherine Guidrey	F	So.	Longmeadow
4	Alexis Pfalzgraf	F	Fr.	Longmeadow
6	Kyra Ashe	D	Jr.	Longmeadow
7	Brittany Kowalksi	D	Sr.	Westfield
8	Jillian Croteau	D	Jr.	Longmeadow
9	Ashley Barron	F	Fr.	Longmeadow
10	Taylor Markstein	F	Jr.	Longmeadow
11	Maddie O'Shea	F	So.	E. Longmeadow
12	Madison Pelletier	F	Sr.	Westfield
13	Mackenzie Pelletier	D	Sr.	Westfield
14	Madison Manser	D	Fr.	
15	Jordan Kowalski	F	Fr.	Westfield
16	Lauren Munster	F	Sr.	
17	Sam Preston	F	Fr.	Longmeadow
19	Taylor Low	F	Sr.	Longmeadow
20	Karalyn Jones	F	So.	Minachaug
21	Brigitte Slough	F	So.	
22	Tess Bonavita	F	Jr.	Longmeadow
23	Jolie Walts	D	So.	Westfield
30	Kayla Brown	G	So.	

Coaches and Captains:

Head Coach: David Pelletier

Assistant Coaches: Melissa Vandermyrn, Brett DiClementi

2016-17 Season

Date	Time	H/A	Venue	Opponent	Final Scores
Dec. 10	7:10 PM	Away	New England Sports Center, Marlboro, MA	Algonquin/Hudson	Longmeadow (3) vs Algonquin/Hudson (0)
Dec. 17	4:00 PM	Home	Olympia Center, West Springfield, MA	Shrewsbury	Longmeadow (3) vs Shrewsbury (5)
Dec. 28	5:00 PM	Away	Methuen High School Rink, Methuen, MA	Tewksbury/Methuen	Longmeadow (6) vs Tewksbury/Methuen (3)
Dec. 29	6:30 PM	Home	Olympia Center, West Springfield, MA	Algonquin/Hudson	Longmeadow (1) vs Algonquin/Hudson (1)

Date	Time	H/A	Venue	Opponent	Final Scores
Jan. 6	8:00 PM	Home	Olympia Center, West Springfield, MA	Auburn	Longmeadow (8) vs Auburn (1)
Jan. 8	3:00 PM	Home	Amelia Park Rink, Westfield, MA	Belmont/Watertown	Longmeadow (4) vs Belmont/Watertown (1)
Jan. 14	4:30 PM	Away	Wallace Civic Center, Fitchburg, MA	Leominster	Longmeadow (6) vs Leominster (0)
Jan. 21	5:00 PM	Home	Olympia Center, West Springfield, MA	Austin Prep	Longmeadow (2) vs Austin Prep (4)
Jan. 22	3:00 PM	Home	Olympia Center, West Springfield, MA	Needham	Longmeadow (0) vs Needham (1)
Jan. 25	4:00 PM	Away	NorthStar Ice Sports, Westborough, MA	Shrewsbury	Longmeadow (0) vs Shrewsbury (4)
Jan. 27	5:00 PM	Away	Skip Viglirolo Rink, Belmont, MA	Belmont/Watertown	Longmeadow (2) vs Belmont/Watertown (0)
Feb. 4	5:50 PM	Away	Stoneham Arena, Stoneham, MA	Austin Prep	Longmeadow (0) vs Austin Prep (3)
Feb. 6	5:30 PM	Away	Horgan Skating Arena, Auburn, MA	Auburn	Longmeadow (5) vs Auburn (2)
Feb. 11	5:00 PM	Home	Olympia Center, West Springfield, MA	Leominster	Longmeadow (7) vs Leominster (0)
Feb. 17	8:00 PM	Away	Newington Arena, Newington, CT	East Catholic (Conn.)	Longmeadow (1) vs East Catholic (Conn.) (1)
Feb. 18	5:00 PM	Home	Amelia Park Rink, Westfield, MA	Billerica/Chelmsford	Longmeadow (4) vs Billerica/Chelmsford (0)
Feb. 19	1:10 PM	Away	Enfield Twin Rinks, Enfield, CT	Suffield (Conn.)	Longmeadow (3) vs Suffield (Conn.) (2)
Feb. 21	7:00 PM	Away	Falmouth Ice Arena, Falmouth, MA	Falmouth	Longmeadow (5) vs Falmouth (3)
Feb. 23	3:00 PM	Home	Falmouth Ice Arena, Falmouth, MA	La Salle (RI)	Longmeadow (8) vs La Salle (RI) (1)
Feb. 28	6:00 PM	Home	Olympia Center, West Springfield, MA	Falmouth	Longmeadow (3) vs Falmouth (2)
Mar. 4	5:00 PM	Away	Stoneham Arena, Stoneham, MA	Matignon	Longmeadow (4) vs Matignon (1)
Mar. 11	3:15 PM	Away	Gallo Arena, Buzzards Bay, MA	Tewksbury/Methuen	Longmeadow (2) vs Tewksbury/Methuen (3)

Player Profiles

#2 Katelyn Joyal JR F

Hometown: Longmeadow

Stats:

Season	GP	G	A	Pts	PIM	Shots
2016-17						
2015-16						
2014-15	18	21	7	28		

#4 Alexis Pfalzgraf FR F

Hometown: Longmeadow

Stats:

Season	GP	G	A	Pts	PIM	Shots
2016-17						

#7 Brittany Kowalksi SR D

Hometown: Westfield

Stats:

Season	GP	G	A	Pts	PIM	Shots
2016-17						

#3 Katherine Guidrey SO F

Hometown: Longmeadow

Stats:

Season	GP	G	A	Pts	PIM	Shots
2016-17						
2015-16						

#6 Kyra Ashe JR D

Hometown: Longmeadow

Stats:

Season	GP	G	A	Pts	PIM	Shots
2016-17						
2015-16						
2014-15	16	1	5	6		

#8 Jillian Croteau JR D

Hometown: Longmeadow

Stats:

Season	GP	G	A	Pts	PIM	Shots
2016-17						

Season	GP	G	A	Pts	PIM	Shots
2015-16						
2014-15	17	3	2	5		

#9 Ashley Barron FR F

Hometown: Longmeadow

Stats:

Season	GP	G	A	Pts	PIM	Shots
2016-17						

#11 Maddie O'Shea SO F

Hometown: E. Longmeadow

Stats:

Season	GP	G	A	Pts	PIM	Shots
2016-17						
2015-16						

#13 Mackenzie Pelletier SR D

Hometown: Westfield

Stats:

Season	GP	G	A	Pts	PIM	Shots
2016-17						
2015-16						
2014-15	16	2	11	13		

#15 Jordan Kowalski FR F

Hometown: Westfield

Stats:

Season	GP	G	A	Pts	PIM	Shots
2016-17						

#17 Sam Preston FR F

Hometown: Longmeadow

Stats:

Season	GP	G	A	Pts	PIM	Shots
2016-17						

#20 Karalyn Jones SO F

Hometown: Minachaug

Stats:

Season	GP	G	A	Pts	PIM	Shots
2016-17						
2015-16						

#22 Tess Bonavita JR F

Hometown: Longmeadow

Stats:

Season	GP	G	A	Pts	PIM	Shots
2016-17						
2015-16						
2014-15	16		4	4		

#30 Kayla Brown SO G

Stats:

Season	Mins	SA	GA	Sv%	GAA	SO
2016-17						
2015-16						

Season	GP	G	A	Pts	PIM	Shots
2016-17						

#10 Taylor Markstein JR F

Hometown: Longmeadow

Stats:

Season	GP	G	A	Pts	PIM	Shots
2016-17						

#12 Madison Pelletier SR F

Hometown: Westfield

Stats:

Season	GP	G	A	Pts	PIM	Shots
2016-17						
2015-16						
2014-15	16	10	8	18		

#14 Madison Manser FR D

Stats:

Season	GP	G	A	Pts	PIM	Shots
2016-17						

#16 Lauren Munster SR F

Stats:

Season	GP	G	A	Pts	PIM	Shots
2016-17						

#19 Taylor Low SR F

Hometown: Longmeadow

Stats:

Season	GP	G	A	Pts	PIM	Shots
2016-17						
2015-16						
2014-15	13	1	2	3		

#21 Brigitte Slough SO F

Stats:

Season	GP	G	A	Pts	PIM	Shots
2016-17						

#23 Jolie Walts SO D

Hometown: Westfield

Stats:

Season	GP	G	A	Pts	PIM	Shots
2016-17						
2015-16						