



Northbridge Rams 2022-23 Roster

#	Name	Pos.	Yr.	Hometown
1	Zach Menard	G	Sr.	
2	Drew Beudoin	D	Jr.	
4	Brett Flanders`	F	Jr.	
5	Derek Consigli	D	Sr.	
6	Jack Nummela	F	Jr.	
8	Derek Lewis	D	Sr.	
10	Jack Sullivan	F	So.	Uxbridge
11	Cody Tkaczyk	F	Sr.	
13	Colin Marino	LW	Sr.	
15	Garrett Consigli	F	Fr.	Mendon
16	Ryan Ruzzo	F	Fr.	
17	Ben Larose	F	Jr.	Sutton
18	Leo Colena	D	Sr.	Sutton
19	Joe Sullivan	RW	Jr.	
20	Thomas Lavallee	F	So.	Northbridge
21	Peter Schrafft	F	So.	
22	Max Chiaradonna	D	Jr.	
23	Derek McGovern	F	Jr.	
25	Bryce Laforest	D	Fr.	
26	Connor DaSilva	F	Jr.	
27	Patrick Schrafft	D	Sr.	
28	Chase Falcon	F	Sr.	
29	Shane Guillette	G	So.	

Head Coach: Ryan Neville

2022-23 Season

Date	Time	H/A	Venue	Opponent	Final Scores
Dec. 14	7:30 PM	Away	Blackstone Valley Ice Arena, Hopedale, MA	Blackstone Valley Tech	Northbridge (2) vs Blackstone Valley Tech (7)
Dec. 17	2:30 PM	Home	DCU Center, Worcester, MA	Hudson	Northbridge (4) vs Hudson (2)
Dec. 21	8:30 PM	Away	Navin Arena, Marlboro, MA	Assabet	Northbridge (1) vs Assabet (0)
Dec. 28	12:00 PM	Home	Buffone Arena, Worcester, MA	Worcester/Leicester	Northbridge (6) vs Worcester/Leicester (1)

Date	Time	H/A	Venue	Opponent	Final Scores
Dec. 28	12:00 PM	Away	Buffone Arena, Worcester, MA	Worcester/Leicester	Northbridge (6) vs Worcester/Leicester (1)
Dec. 29	8:00 PM	Away	Buffone Arena, Worcester, MA	Grafton	Northbridge (5) vs Grafton (6)
Jan. 2	7:00 PM	Home	New England Sports Center, Marlboro, MA	St. Paul Diocesan	Northbridge (1) vs St. Paul Diocesan (6)
Jan. 7	12:30 PM	Away	Groton School Rink, Groton, MA	Littleton/Bromfield	Northbridge (5) vs Littleton/Bromfield (3)
Jan. 11	4:00 PM	Away	Worcester Ice Center, Worcester, MA	St. Paul Diocesan	Northbridge (5) vs St. Paul Diocesan (4)
Jan. 14	10:20 AM	Home	New England Sports Center, Marlboro, MA	Oakmont	Northbridge (4) vs Oakmont (1)
Jan. 19	8:00 PM	Home	New England Sports Center, Marlboro, MA	Assabet	Northbridge (1) vs Assabet (7)
Jan. 21	5:30 PM	Home	New England Sports Center, Marlboro, MA	Foxboro	Northbridge (3) vs Foxboro (0)
Jan. 25	8:00 PM	Home	New England Sports Center, Marlboro, MA	Blackstone Valley Tech	
Jan. 28	5:00 PM	Away	Amelia Park Rink, Westfield, MA	Westfield	Northbridge (4) vs Westfield (3)
Jan. 30	8:00 PM	Home	New England Sports Center, Marlboro, MA	Worcester/Leicester	Northbridge (5) vs Worcester/Leicester (0)
Feb. 4	6:20 PM	Away	Essex Sports Center, Middleton, MA	Danvers	Northbridge (5) vs Danvers (8)
Feb. 6	6:00 PM	Away	New England Sports Center, Marlboro, MA	Hudson	Northbridge (4) vs Hudson (0)
Feb. 13	6:00 PM	Home	New England Sports Center, Marlboro, MA	Grafton	Northbridge (2) vs Grafton (3)
Feb. 15	8:00 PM	Home	New England Sports Center, Marlboro, MA	Latin Academy	Northbridge (1) vs Latin Academy (3)
Feb. 18	6:00 PM	Home	Olympia Center, West Springfield, MA	Minnechaug	Northbridge (1) vs Minnechaug (2)
Feb. 20	8:00 PM	Home	New England Sports Center, Marlboro, MA	Blackstone Valley Tech	Northbridge (1) vs Blackstone Valley Tech (3)
Feb. 22	3:00 PM	Home	New England Sports Center, Marlboro, MA	Medfield	Northbridge (2) vs Medfield (7)
Mar. 2	6:40 PM	Away	Essex Sports Center, Middleton, MA	Essex Tech	Northbridge (0) vs Essex Tech (3)