

West Springfield Terriers 2024-25 Roster

#	Name	Pos.	Yr.	Hometown
5	Vinny Douglas	F	Sr.	
7	Liam Connelly	D	Sr.	
13	Owen Hall	F	Sr.	
15	Jacob Owczan	F	Sr.	
16	Cole Castor	D	Sr.	
21	Caden Sousa	F	Sr.	
43	Hayden Stopa	F	Sr.	
72	Troy Cashman	G	Sr.	
88	Chase Navone	F	Sr.	

Coaches and Captains:

Head Coach: Rick Williams
Assistant Coaches: Carlo Navone

2024-25 Season

Date	Time	H/A	Venue	Opponent	Final Scores
Dec. 12	8:30 PM	Home	Olympia Center, West Springfield, MA	Westfield	West Springfield (2) vs Westfield (3)
Dec. 14	6:40 PM	Away	Buffone Arena, Worcester, MA	Grafton	West Springfield (2) vs Grafton (1)
Dec. 18	7:00 PM	Away	Amelia Park Rink, Westfield, MA	Westfield	West Springfield (7) vs Westfield (7)
Dec. 21	12:30 PM	Away	Olympia Center, West Springfield, MA	Longmeadow	West Springfield (4) vs Longmeadow (4)
Dec. 26	6:30 PM	Home	Olympia Center, West Springfield, MA	Greenfield	West Springfield (6) vs Greenfield (1)
Dec. 28	12:30 PM	Home	Olympia Center, West Springfield, MA	North Middlesex	West Springfield (0) vs North Middlesex (6)
Jan. 2	8:30 PM	Away	Olympia Center, West Springfield, MA	Longmeadow	West Springfield (2) vs Longmeadow (0)
Jan. 4	4:10 PM	Home	Olympia Center, West Springfield, MA	Blackstone Valley Tech	West Springfield (3) vs Blackstone Valley Tech (0)
Jan. 8	4:30 PM	Away	Collins-Moylan Skating Arena, Greenfield, MA	Greenfield	West Springfield (1) vs Greenfield (3)
Jan. 13	2:30 PM	Home	Smead Arena at Blunt Park, Springfield, MA	East Longmeadow	West Springfield (3) vs East Longmeadow (3)
Jan. 16	8:30 PM	Away	Olympia Center, West Springfield, MA	Minnechaug	West Springfield (3) vs Minnechaug (4)

Date	Time	H/A	Venue	Opponent	Final Scores
Jan. 20	2:00 PM	Away	Olympia Center, West Springfield, MA	East Longmeadow	West Springfield (2) vs East Longmeadow (1)
Jan. 23	6:30 PM	Home	Olympia Center, West Springfield, MA	Ludlow / Belchertown	West Springfield (3) vs Ludlow / Belchertown (3)
Jan. 25	12:00 PM	Away	Buffone Arena, Worcester, MA	St. Paul Diocesan	West Springfield (7) vs St. Paul Diocesan (6)
Jan. 30	8:30 PM	Home	Olympia Center, West Springfield, MA	Ludlow / Belchertown	West Springfield (4) vs Ludlow / Belchertown (5)
Feb. 1	5:30 PM	Away	NorthStar Ice Sports, Westborough, MA	Westboro	West Springfield (1) vs Westboro (2)
Feb. 8	2:50 PM	Home	Olympia Center, West Springfield, MA	Hopedale / Milford	West Springfield (2) vs Hopedale / Milford (0)
Feb. 11	3:30 PM	Away	Olympia Center, West Springfield, MA	Minnechaug	West Springfield (1) vs Minnechaug (2)
Feb. 14	7:00 PM	Away	Olympia Center, West Springfield, MA	Agawam	West Springfield (2) vs Agawam (1)
Feb. 26	5:00 PM	Away	Edge Sports Center, Bedford, MA	Bedford	West Springfield (0) vs Bedford (5)

Player Profiles

#5 Vinny Douglas SR F

Stats:

Season	GP	G	A	Pts	PIM	Shots
2024-25						
2023-24						
2022-23						
2021-22						

#7 Liam Connelly SR D

Stats:

Season	GP	G	A	Pts	PIM	Shots
2024-25						
2023-24						
2022-23						
2021-22						

#13 Owen Hall SR F

Stats:

Season	GP	G	A	Pts	PIM	Shots
2024-25						
2023-24						
2022-23						
2021-22						

#15 Jacob Owczan SR F

Stats:

Season	GP	G	A	Pts	PIM	Shots
2024-25						
2023-24						
2022-23						
2021-22						

#16 Cole Castor SR D

Stats:

Season	GP	G	A	Pts	PIM	Shots
2024-25						
2023-24						
2022-23						
2021-22						

#21 Caden Sousa SR F

Stats:

Season	GP	G	A	Pts	PIM	Shots
2024-25						
2023-24						
2022-23						
2021-22						

#43 Hayden Stopa SR F

Stats:

Season	GP	G	A	Pts	PIM	Shots
2024-25						
2023-24						
2022-23						
2021-22						

#72 Troy Cashman SR G

Stats:

Season	Mins	SA	GA	Sv%	GAA	SO
2024-25						
2023-24						
2022-23						
2021-22						

#88 Chase Navone SR F

Stats:

Season	GP	G	A	Pts	PIM	Shots
2024-25						
2023-24						
2022-23						
2021-22						